



Kreglinger



50% Chia Oil Powder

Key Benefits

- Water soluble
- Excellent Nutritional profile
- Heat / Bake Stable
- Rich in Omega 3 Fatty Acids

Health benefits *Has been show to :*

- Dietary alpha-linolenic acid (ALA) intake: 1.5 g/day of ALA compared with subjects who consumed less than 1.5 g/day had a significant decreased risk of prostate cancer
- In order to regulate cell to cell activity, essential amino acids is structured specifically to control and transmit reactions for example proteins are actual enzymes which can help break down food into nutrients efficiently for quick biological responses to occur.
- Defence Mechanism Vitamin E - Protects cells from oxidative stress or damage.



Key Application Areas

- Powder Sports and Performance Nutrition

Blends

- Dry Bread such as Cracker Bread and Crackers
- Flatbread , naan and pizza bases
- Nutritionally Enriched Bread and Baked Goods

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